

Sumanpreet kaur

surrey, BC V3W8M8, (6722721105). kaursumanpreet880@gmail.com

OBJECTIVE

Compassionate and highly motivated Health Care Assistant dedicated to providing exceptional personal care, emotional support, and assistance with daily living activities for elderly and disabled individuals. Experienced in offering mobility assistance, monitoring health conditions, and delivering quality care with dignity. Eager to contribute my expertise to a healthcare team that values patient-centered care and promotes well-being.

EDUCATION & CERTIFICATIONS

- **Health Care Assistant (HCA) Certificate** – WCC College, Surrey, BC (2025)
- **Standard First Aid & Level C CPR/AED Certification** – Surrey, BC (2024)
- **Food Safe Level 1 Certificate** – Surrey, BC (2024)
- **Associate of arts** –Coquitlam college BC (2024)

KEY SKILLS

- **Compassionate Care:** Providing empathetic and respectful support to patients.
- **Communication:** Strong verbal and written communication with patients, families, and healthcare teams.
- **Basic Medical Knowledge:** Proficient in common health conditions, first aid, and personal care routines.
- **Personal Care:** Assisting with daily activities such as bathing, dressing, and mobility.
- **Team Collaboration:** Collaborative and cooperative with multidisciplinary teams.
- **Time Management:** Effectively prioritizing tasks and maintaining efficiency in patient care.
- **Cultural Sensitivity:** Respecting and accommodating diverse patient backgrounds and needs.

EXPERIENCE

Registered care aid | Nurses next door

June 2025 -present

- Helping with home tasks such as laundry, light housekeeping and meal Preparation

Shift In Charge | Pizza Hut, Surrey, BC

May 2023 – Present

- Led shifts, ensuring smooth operation and high-quality service.
- Managed staff, provided updates to supervisors, and handled customer concerns.
- Developed organizational skills by maintaining accurate records and overseeing inventory.
- Demonstrated strong physical stamina through lifting and managing heavy objects.

Practical Experience | Complex Care

January 2025 – march 2025

Delivered high-level care in a complex care setting with positive feedback from supervisors.

- Assisted patients with daily living activities, including personal care and mobility support.
- Ensured patient comfort and safety while adhering to healthcare guidelines and procedures.

AVAILABILITY

Available for full-time work, any day of the week.

REFERENCES

Available upon request.