

Sylverline Okehie

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CAREGIVER

HIGHLIGHT OF QUALIFICATIONS

Compassionate and reliable caregiver with 3+ years of experience in caregiving, providing exceptional care to individuals of varying needs, including seniors and people with disabilities. Able to communicate in Vernacular and English.

Responsibilities:

- Provide personalized support to clients in home and community settings, promoting physical and mental engagement to enhance overall well-being.
- Deliver comprehensive care that includes morning and nighttime routines, personal hygiene assistance, meal preparation, light housekeeping, and companionship.
- Maintain consistent communication with caregiving team members and Care Managers at Annie's Place to ensure adherence to Care Plans, reporting any changes in client condition without delay.
- Identify and implement strategies to improve client experiences through proactive communication and collaboration with Care Managers.

WORK HISTORY

Home Care Assistant

2023 - 2024

Sun Life Disability Centre – Port Moody, BC

- Assisted clients with daily living activities, ensuring their safety and comfort.
- Provided companionship and support, fostering a positive environment.
- Managed medications and monitor vital signs, reporting any concerns to healthcare professionals.
- Performed housekeeping tasks, maintaining a clean and organized space

Caregiver

2021 - 2022

Home Apparel - Vancouver, BC

- Assisted elderly clients with daily living tasks, including bathing, dressing, and grooming.
- Provided companionship through conversation, activities, and emotional support.
- Administered medications as prescribed and monitored clients' health conditions.
- Managed household tasks, including grocery shopping, meal preparation, and laundry.

Healthcare Assistant

2015 - 2016

Igallo Ophanage Home - Nigeria

- Provided personalized care of 15 clients, including assistance with personal hygiene, mobility, and daily activities.
- Developed and maintained strong relationships with clients and their families to ensure a supportive care environment.
- Monitored clients' physical and mental health, reporting any changes to healthcare professionals.
- Assisted with meal planning and preparation, ensuring dietary requirements are met.
- Maintained a clean and safe living environment, performing light housekeeping duties.

EDUCATION AND CERTIFICATION

- **First Aid Certificate** - Life preserver of BC, Canada 2023-2028
- **Food Safety Certificate** - Allesen, BC Canada 2023-2026
- **Naloxone & Training** – BC Human reduction and Crisis inter. 2023
- **Mendt Training** – BC Training Cert. 2015

