

# OMOTOLA OYEKANMI

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## Personal Statement

I am a dedicated support and compassionate care-giver and home maker with 5 years' experience. I have a proven track record of enhancing the well-being and safety of individuals and seniors in need through personalized support. I am skilled in assisting with daily living activities, offering emotional support and ensuring a safe and supportive environment. I have excellent communication skills with the ability to build trusting relationships.

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## Skills

- Client Care Assessment & Planning
  - Daily Living Assistants (DLA)
  - Health Monitoring
  - Emotional and Social Support
  - Documentation and Reporting
  - Mobility Assistance
  - Passion for Senior care
  - Community Integration
  - Training and Education
  - Crisis Intervention
  - Confidentiality
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## Professional Experiences

**LIFEBUILDERS CARE SOCIETY (NGO)**  
Caregiver

January 2020 - November 2023

### Duties and Responsibilities

- Conduct individual client assessment to identify specific daily needs and preferences in addition to health care professional plans
- Provide personalized care and engage clients in both physical and mental activities in home and community settings.
- Support clients' well-being through tailored care, including assistance with morning and night time routines, personal hygiene, meal preparation, light housekeeping, and companionship.
- Maintain clear communication with fellow caregivers, ensuring adherence to care plans and promptly reporting any changes in clients' conditions.
- Proactively seek opportunities to improve client care and experience by maintaining open communication with the Supervisor.
- General cleaning, laundry, washing, and disinfecting areas such as walls, windows, ceilings, floors, carpets, air vents, furniture, mattresses, blinds, and washrooms for clients as required.
- Assisted clients in with activities of daily living (ADL), such as personal care, medication management, meal preparation, support for mobility, and household tasks.
- Maintain a clean, safe, and supportive living environment, adhering to established policies, procedures, and regulations.
- Monitored and documented clients' health status for the discussions with healthcare professionals.
- Prepared daily activities reports for supervisors, detailing clients' progress and any challenges faced.
- Regular participations in meetings, training sessions, and professional development activities to enhance my knowledge in skills in providing quality care support.
- Uphold ethical standards and maintain highest confidentiality in all aspect of my work, respecting the privacy of clients and families.

**Duties and Responsibilities**

- Assisted seniors with daily living activities, including personal care, meal preparation, and medication management.
- Administered medications according to prescribed schedules and ensure compliance with medical regimens.
- Established rapport and trust with clients, creating a supportive and empathetic environment.
- Maintained open communication with families, addressing concerns, and providing updates on residents' well-being.
- Provided companionship and emotional support, fostering a positive and trusting relationship with clients.
- Managed other household tasks, such as cleaning, and grocery shopping.
- Assisted with physical therapy exercises and encouraged regular exercise to promote overall health.
- Monitored and recorded client's vital signs and reported any changes to medical professionals.
- Offered emotional support and companionship, helping the client maintain a positive outlook on life.

**VOLUNTEERING EXPERIENCE**

- Walnut Road Elementary School, Surrey, BC - Hot lunch support for students and parents.
- Life Builders Charity Committee contributed and participated in the distribution of food and shelter items to homeless children.

**CERTIFICATION**

- Occupational First Aid (OFA) Certification

**EDUCATION**

- Bachelor's Degree in Management – Obafemi Awolowo University (OAU), Nigeria.

**REFERENCES:**

*References will be provided upon request.*